

University of Pretoria Yearbook 2020

Sports practical 100 (PRC 100)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	12.00
Programmes	BSportSci
Contact time	2 practicals per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Year

Module content

*Closed – requires departmental selection.

This module will serve as the foundation for swimming, netball, athletics and gymnasium movement skill acquisition. The module serves as exposure to and experience in the movement skills practiced in swimming, netball, athletics and gymnasium. This will aid the Sport Scientist and Biokineticist to better understand and condition clients and patients practicing these sports. Sports-specific skills, team situation; rules and regulations, refereeing; game analysis; coaching.

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